



500 E Central Ave  
Winter Haven, FL 33880  
863-293-1191 ext 3265  
[www.BondClinic.com](http://www.BondClinic.com)

## *Massage Therapy & Facial Services*

### ***Aromatherapy Massage***

(30 min - \$45, 60 min - \$80) Particularly suited to conditions involving stress or improving emotionally-related conditions.

### ***Back and Neck Massage***

(30 min - \$35) Offers relief of stressed neck, shoulder and back.

### ***Chair Massage***

(15 min - \$20) A wonderful alternative for people with just a few minutes to spare since almost anyone can receive a chair massage in almost any setting. Clients remain fully clothed and the massage is applied through the clothing.

### ***Deep Tissue Massage***

(60 min - \$80, 90 min - \$100) Focused, deep pressure releases areas restricted by chronic stress, melting away tension and fatigue.

### ***Hands and Feet Massage***

(30 min - \$35) A gentle, relaxing and therapeutic massage specifically designed for tired hands and aching feet.

### ***Hot Stone Massage***

(60 min - \$80, 90 min - \$115) A specialty massage that uses smooth, heated stones of various size and shape. A deeply soothing, relaxing form of massage.

### ***Pre-Natal Massage***

(45 min - \$50) This massage is tailored to the needs of pregnant women and their changing bodies. It provides relief from muscle strains, and stress on the back, neck and shoulders.

### ***Spot Release Massage***

(30 min - \$45) This massage uses soft tissue and orthopedic modalities to target specific areas and reduce musculoskeletal dysfunction and pain.

### ***Swedish/Relaxation Massage***

(30 min - \$35, 60 min - \$65, 90 min - \$90) Relaxation Massage is the most widely-recognized and commonly used category of massage. We highly recommend it for the first time visitor.



*Debbie Buck*  
*Massage Therapy & Facial Services*

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### ***Aromatherapy Facial***

(60 min - \$70) Customized aromatherapy-blend incorporated into the facial treatment to meet your individual needs.

### ***European Facial***

(60 min - \$65) Perfect for all skin-types, this exclusive facial includes skin analysis, cleansing, steam, exfoliation, massage, masque, and moisturizer. This treatment leaves skin looking and feeling revitalized.

### ***Express Facial***

(30 min - \$45) Busy people appreciate this revitalizing mini-facial. This treatment includes deep pore cleansing, exfoliation, a clarifying mask, and a mini massage for face.

### ***Men's Sport Facial***

(60 min - \$65) Designed for the special skincare needs of a man. This treatment includes deep pore cleansing, toning, and herbal exfoliation combined with a calming and nourishing mask to help relieve razor burns and irritation.

### ***Revitalizing Peels***

(60 min - \$135) A series of three peels tailored to your skin type that address visible skin imperfections that result from aging, sun exposure, uneven skin tone, and acne scarring.

### ***Teen Facial***

(60 min - \$65) Designed for young men and women, this facial introduces the importance of skincare into their lives with an emphasis on proper skincare maintenance.

*Your next appointment is:*

date: \_\_\_\_\_

time: \_\_\_\_\_