

Obstetrics & Gynecology

CARLOS I. GABRIEL, M.D.

Board Certified

*Diplomat of the American Board of Obstetrics & Gynecology
Medical Director of the Better Bladder Center*

Medical Degree

University of Miami School of Medicine
Miami, Florida
1995-1999

Obstetrics & Gynecology Residency

University of Miami/
Jackson Healthcare System
Miami, Florida
1999-2003

*Se Habla
Espanol*



Dr. Gabriel specializes in:

- Conservative and surgical management of urinary incontinence and pelvis floor relaxation
- In-office management of persistent bleeding
- Minimally-invasive surgery for chronic pelvic pain, endometriosis, persistent bleeding, infertility and uterine fibroids

A note from Dr. Gabriel:

"Patients need to know that there are a multitude of non-medicinal and nonsurgical treatments now available in Polk County for the treatment of the various kinds of urinary incontinence. I like spending time with patients, listening to their concerns and connecting with them as people. My staff and I treat our patients like family."



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"treating you well ... since 1948"

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*Diplomat of the American Board of Obstetrics & Gynecology
Medical Director of the Better Bladder Center*

Phone: 863-293-1191

Ext. 3573

Fax: 863-293-6819

Emergency

After Hours:

863-293-1121

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www.BondClinic.com

Bond Clinic
Women's Health Center
199 Avenue B NW
Winter Haven, FL 33881

Obstetrics & Gynecology

Dr. Gabriel's priority is to provide a safer and more effective alternative to traditional open surgery for all conditions. He provides treatment for:

Pelvic Floor Relaxation: cystocele, rectocele, enterocele, uterine/vaginal prolapse

Urinary Incontinence:

- Dr. Gabriel is the first doctor in Polk County to provide Pelvic Floor Rehabilitation - a breakthrough alternative to medication and surgery. Most patients are candidates.
- Conservative therapies: pessary use and medication
- Tension Free Vaginal Taping (TVT); sometimes surgery is the right option. This 20 minute outpatient procedure ensures rapid recovery with excellent results.

Minimally-invasive Surgery: insuring faster recovery, less pain, smaller incisions, early return to normal activities, and decreased hospital stay.

- Laparoscopic Hysterectomy.
- Hysteroscopic Endometrial Ablation
- Vaginal Hysterectomy
- Diagnostic Hysteroscopy for Bleeding and Infertility
- Laparoscopy Excision of Endometriosis
- Laparoscopy Evaluation of Pelvic Pain and Infertility
- Laparoscopy Tubal Ligation
- Laparoscopic Excision of Ovarian Cysts
- Prevention/Prophylactic Removal of Ovaries in Prevention of Ovarian Cancer

Vaginal Rejuvenation Surgery:

- Labiaplasty: labial reconstruction and reshaping of labia
- Vaginoplasty: vaginal reconstruction to tighten entry of vagina

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BUSINESS HOURS: Monday-Friday 8 am-5 pm

EXTENDED CARE HOURS:

Monday-Thursday 5 pm-8 pm Saturday 10 am-3 pm Sunday 1 pm-3 pm

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It's all about treating you well!