

199 Avenue B N.W Winter Haven, FL 33881 863-293-1191 x3265 www.BondClinic.com

# Massage Therapy & Facial Services

## Aromatherapy Massage

(30 min - \$45, 60 min - \$80) Particularly suited to conditions involving stress or improving emotionally-related conditions.

#### Back and Neck Massage

(30 min - \$35) Offers telief of stressed neck, shoulder and back.

## Chair Massage

(15 min - \$20) A wonderful alternative for people with just a few minutes to space since almost anyone can receive a chair massage in almost any setting. Clients remain fully clothed and the massage is applied through the clothing.

# Deep Tissue Massage

(60 min - \$80, 90 min - \$100) Focused, deep pressure releases areas restricted by chronic stress, melting away tension and fatigue.

## Hands and Feet Massage

(30 min - \$35) A gentle, relaxing and therapeutic massage specifically designed for tired hands and aching feet.

## Hot Stone Massage

(60 min - \$80, 90 min - \$115) A specialty massage that uses smooth, heated stones of various size and shape. A deeply soothing, relaxing form of massage.

# Pre-Natal Massage

(45 min - \$50) This massage is tailored to the needs of pregnant women and their changing bodies. It provides relief from muscle strains, and stress on the back, neck and shoulders.

# Spot Release Massage

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(30 min - \$45) This massage uses soft-tissue and orthopedic modalities to target specific areas and reduce musculoskeletal dysfunction and pain.

# Swedish/Relaxation Massage

(30 min - \$35, 60 min + \$65, 90 min - \$90) Relaxation Massage is the most widely-recognized and commonly used category of massage. We highly recommend it for the first time visitor.



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#### Aromatherapy Facial

(60 min - \$70) Customized aromatherapy-blend incorporated into the facial treatment to meet your individual needs.

#### European Facial

(60 min - \$65) Perfect for all skin-types, this exclusive facial includes skin analysis, cleansing, steam, exfoliation, massage, masque, and moisturizer. This treatment leaves skin looking and feeling revitalized.

#### **Express Facial**

(30 min - \$45) Busy people appreciate this revitalizing mini-facial. This treatment includes deep pore cleansing, exfoliation, a clarifying mask, and a mini massage for face.

#### Four-Layer Facial (Anti-Aging Treatment)

(60 min - \$100) This unique anti-aging treatment is designed to re-hydrate, re-mineralize, and re-balance the skin. It firms up the facial contours, eliminates tiny wrinkles, and leaves the skin with a radiance that lasts for days.

#### Hot Stone Facial

(60 min - \$75) Hot stone massage of the face, neck, and shoulders is an enjoyable part of this facial. This treatment includes deep pore cleansing, exfoliation, a calming mask, and hot stone massage.

#### Men's Sport Facial

(60 min - \$65) Designed for the special skincare needs of a man. This treatment includes deep pore cleansing, toning, and herbal exfoliation combined with a calming and nourishing mask to help relieve razor burns and irritation.

#### Teen Facial

(60 min - \$65) Designed for young men and women, this facial introduces the importance of skincare into their lives with an emphasis on proper skincare maintenance.

Your next appointment is:

date:	
time:	